

Janet Hodgson
Consultant Clinical Neuropsychologist & Clinical Director
BA, BSc(Hons), M. Psych (Clin), SOE, C. Psychol., SRCN

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Overview of experience

I am a Consultant Clinical Neuropsychologist, Clinical Director and NHS Neuropsychology Department Lead with 20 years' experience working with a range of neurological conditions. I undertook training in Clinical Psychology in Sydney Australia, before relocating to the UK in 2004 where I undertook further specialist training in Clinical Neuropsychology. I have been very fortunate to have been supervised directly by, and published research with pioneers in the field of Neuropsychology, including Professor Barbara Wilson in the UK, and Professors Skye McDonald and Robyn Tate in Australia.

I am registered with the Health Care Professional Council (HCPC) as a Practitioner Psychologist, and the British Psychological Society (BPS) as a Chartered Psychologist. I am on the BPS Specialist Register of Clinical Neuropsychologists (SRCN) and the BPS register of Applied Psychology Practitioner Supervisors (RAPPS).

I have undertaken roles with a high degree of responsibility from very early in my career. My first post qualification role involved both relocation to the UK and clinical leadership of a multidisciplinary team (MDT) providing rehabilitation to people with moderate to severe brain injuries in an inpatient setting for the Brain Injury Rehabilitation Trust (BIRT). At the time, BIRT was at the forefront of research and practice for brain injury rehabilitation which motivated my desire to relocate to the other side of the world.

In the time since I have worked both for private sector organisations and the NHS providing neuropsychological support to people with a range of neurological conditions, both acquired (e.g., traumatic brain injury, stroke, encephalitis) and degenerative (e.g., multiple sclerosis, motor neuron disease, dementia). I have worked both in community and inpatient settings, at different stages of the care pathway. I have also provided support to carers and families. I have expertise in a range of therapies including Cognitive Behavioural Therapy (CBT), Acceptance & Commitment Therapy, Compassion-Focused Therapy, Systemic and Couples interventions, Motivational Interviewing, Narrative Therapy, Cognitive Rehabilitation, Vocational Rehabilitation and Trauma-Focused CBT for Post Traumatic Stress Disorder.

I have been employed at consultant level since 2013, though I also acted in this role due to circumstances in the years leading up to this. In my current role as Lead for the Neuropsychology Department at St Lukes Hospital in Bradford I have responsibility for managing the Community Brain Injury Rehabilitation Team, Epilepsy and Non-Epileptic Seizures (NES) service and referrals for Cognitive Assessment from neurologists. I also provide an expert opinion to the NHS Independent Funding Review (IFR) panel to aid decision-making relating to inpatient rehabilitation for people with neurological conditions. Historically I developed a national Neuropsychology Service for people with Encephalitis and have provided clinical leadership for MDT teams in specialist inpatient rehabilitation settings, and in community settings, often across multiple geographical sites.

For the past 20 years in private practice I have undertaken work as a treating neuropsychologist, including undertaking cognitive assessment, capacity assessment and providing neuropsychological interventions and consultancy. I undertake mental capacity assessments as an Expert for the Court of Protection with regularity and would now like to undertake Expert neuropsychology assessments for Personal Injury and Medical Negligence claims. To this end I have undertaken specialist training with Bond Solon.

Throughout my career, I have worked simultaneously in salaried roles and in private practice. This decision has been motivated by a desire to gain a breadth of experience in understanding and managing both acquired and degenerative neurological conditions, and also expertise in managing the complex interface of neurological conditions and mental health problems including functional presentations. I also have an interest in service development and supporting colleagues to expand their knowledge and skills through supervision and leadership of teams including psychology departments and multidisciplinary teams.

I have retained active involvement in a range of professional activities throughout my career. I currently provide clinical placements for Psychologists in Clinical Training on the Psychology Doctorate at Leeds University. I have been an Honorary Lecturer at Leeds University, and chaired the local British Psychological Society Division of Clinical Psychology. I have published research, a manual for the management of social anxiety in people with brain injury, a book chapter on the role of Narrative Therapy for supporting the spouse following Encephalitis, and I have peer reviewed for the 'Brain Injury' journal. I have supervised a number of Clinical Psychologists to achieve the Qualification in Clinical Neuropsychology conferring entry to the Specialist Register of Clinical Neuropsychologists (SRCN). I have presented at conferences both in the UK and Australia, including at the International Neuropsychology Symposium. I remain committed to Continued Professional Development (CPD).

Employment

2004 - Current	Clinical Director & Consultant Clinical Neuropsychologist <i>UK Clinical Neuropsychology Ltd., UK (formerly Northern Neuropsychology Ltd.)</i>
2020 - Current	Lead for Neuropsychology Department & Consultant Clinical Neuropsychologist <i>Bradford Teaching Hospital NHS Foundation Trust, UK</i>
2015 - 2020	Consultant Clinical Neuropsychologist <i>Daniel Yorath House & Osman House, Brain Injury Rehabilitation Trust, UK</i>
2014 - 2016	Consultant Clinical Neuropsychologist <i>Encephalitis Society, UK</i>
2013 - 2014	Consultant Clinical Neuropsychologist, <i>Huntercombe Group, Stocksbridge Neurological Care & Rehabilitation Centre & Nottingham Neurodisability Centre, UK</i>
2012 - 2013	Highly Specialised Clinical Psychologist/ Acting Neuropsychology Lead, Community Brain Injury Team, Stroke Team & Community Rehabilitation Unit Leeds Community Neurology Service <i>Leeds NHS Foundation Trust, UK</i>
2009 - 2012	Highly Specialised Clinical Psychologist, Leeds Community MS Team & Young Adult Team (split post), <i>Leeds NHS Foundation Trust, UK</i>
2004 - 2009	Clinical Psychologist/Team Leader, <i>Brain Injury Rehabilitation Trust (BIRT), Daniel Yorath House, Leeds, UK</i>
2001 - 2003	Intern Clinical Psychologist, <i>UNSW, Australia</i>
2000 - 2004	Rehabilitation Counsellor/Rehabilitation Consultant, <i>CMS Rehabilitation Management Services, N.S.W., Australia</i>

Qualifications

- Qualification in Clinical Neuropsychology (QICN), Distinction, British Psychological Society, 2013
- Postgraduate Diploma in Clinical Neuropsychology, Distinction, Glasgow University, 2011
- Statement of Equivalence, British Psychological Society, 2009
- Master of Psychology (Clinical), University of N.S.W., Australia, 2004
- BSc (Hons) Psychology, University of NSW, N.S.W., Australia, 2000
- BA (Psychology), Macquarie University, N.S.W., Australia, 1994

Further training

- Certificate in Third Wave Cognitive Behavioural Therapy, SDS Seminars, 2020
- Introductory Supervisor Training, Leeds University, 2012
- Certificate IV Workplace Trainer & Assessor, North Sydney Institute of TAFE, N.S.W., Australia, 1999

Professional registrations

- Registered Practitioner Psychologist, Health & Care Professionals Council (HCPC No.: PYL06109)

- Chartered Psychologist, British Psychological Society (C. Psychol., No.: 190929)
- On the British Psychological Society Specialist Register of Clinical Neuropsychologists (SRCN)
- On British Psychological Society Register of Applied Psychology Practitioner Supervisors (RAPPS)

Professional activities

- Currently supervise clinical placements for Psychologists in Clinical Training from Leeds University
- Currently supervise Clinical Psychologists to confer registration with the Specialist Register of Clinical Neuropsychologists
- International Neuropsychology Symposium poster presentation: *Developing a National Neuropsychology Service for People with Encephalitis*, Great Barrier Reef, Australia, 2015
- Peer reviewer for *Brain Injury* journal, 2015
- Chair of Division of Clinical Psychology, Yorkshire & Humber, British Psychological Society, 2013
- Honorary Lecturer, Leeds University, 2005 - 2013
- MS Society Annual Conference guest speaker: *Positive Psychology & its application to Multiple Sclerosis*, 2010

Publications

Hodgson, J., McDonald, S., Tate, R., & Gertler, P., 2005. A Randomised Controlled Trial of a Cognitive Behavioural Therapy Program for Managing Social Anxiety After Acquired Brain Injury. *Brain Impairment*, 6(3), 169-180.

Hodgson, J., McDonald, S., Tate, R., & Gertler, P., 2015. *Managing Social Anxiety Following Traumatic Brain Injury: A Cognitive Behavioural Program*, ASSBI.

Evans, J., Hodgson, J. & Easton, A. 2016. The Spouse. In: Easton, A. *Life after Encephalitis: A Narrative Approach*. Oxon, Routledge.

References: Available on request.