

Dr Yasmine Precious
BSc (Hons) 1st class, D.ClinPsy
Consultant Clinical Psychologist in Neuropsychology

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Overview of Experience

I am a Consultant Clinical Psychologist with over 20 years of work in the field of psychology and 15 years of experience as a qualified Clinical Psychologist, having completed my Doctorate in Clinical Psychology in the UK. I have both UK - based and international experience. I am registered with the Health Care Professional Council (HCPC) as a Practitioner Psychologist in the UK and in Australia, I continue to be fully registered with the Australian Health Practitioner Regulation Agency (AHPRA)

Neuropsychology has been my passion for many years. I have worked in both inpatient and community settings, in the public and private sector, providing assessment, therapy and rehabilitation to adults with a range of neurological conditions, both acquired and degenerative. Currently I work as an Associate with UK Clinical Neuropsychology. I am also employed part-time as a Clinical Psychologist at the Neuropsychology Service at Airedale Hospital NHS Foundation Trust, The Integrated Stroke Service, University Hospitals Morecambe Bay NHS Foundation Trust (UHMBT) and the Neurological Rehabilitation Service, at St Cyril's Rehabilitation Unit, Chester.

I have completed the Postgraduate Qualification in Clinical Neuropsychology and am on track to complete the Masters in Neuropsychology in order to confer eligibility for membership of the Specialist Register of Clinical Neuropsychologists.

In 2015 I consulted and appeared in the **Louis Theroux documentary – 'A Different Brain'** which explores the long-term effects of living with brain injury.

I have expertise in the management of trauma including EMDR therapy. I have a special interest in Gottman Therapy, for managing relationships difficulties, and family therapy. I completed Gottman associated training in the USA and receive referrals from high profile clients based both in the UK and overseas. This a therapy I also draw upon, where appropriate, when working with couples and families, following brain injury.

I take pride in having gained experience working with a diverse range of clinical populations in the past making me a well informed and versatile clinician. When living in Australia I completed assessments for the Australian Defence Force and provided psychological support to War Veterans and their families. I completed Autism assessments under the supervision of world-renowned Professor Tony Attwood and assessed adults for Attention Deficit Hyperactivity Disorder.

I have provided psychological support across the lifespan, including to children, adolescents and adults. More historically, I completed Expert reports for the Child and Family Court and worked for the NHS Child and Adolescent Mental Health Service.

I have strong academic skills to complement my clinical practice. When living in Australia, I worked at Darwin University as a Clinical Psychology Senior Course Convenor. I wrote and delivered lectures, supervised trainee psychologists and arranged clinical placements. I have a commitment to continued learning and have undertaken much specialist training in throughout my career.

Employment

2024 - Current	Clinical Psychologist in Neuropsychology <i>UK Clinical Neuropsychology Associate, UK.</i>
2024 - Current	Clinical Psychologist in Neuropsychology <i>UHMBT Integrated Stroke Service.</i>
2024 - Current	Clinical Psychologist in Neuropsychology <i>Neurological Rehabilitation Service; St Cyril's Rehabilitation Unit, Chester.</i>
2024 - Current	Clinical Psychologist in Neuropsychology <i>Airedale General Hospital, UK.</i>
2022 - Current	Consultant Clinical Psychologist in Older Adult Psychology <i>Powys Wales NHS, UK.</i>
2022 - 2023	Clinical Psychologist in Neuropsychology (Associate) <i>PSICON, UK.</i>
2020 - 2022	Clinical Lead & Consultant Psychologist in Neuropsychology Community Neurorehabilitation Neurodevelopmental Service <i>PSICON, UK.</i>
2018 - 2020	Senior Lecturer & Clinical Lead <i>Charles Darwin University, Australia</i> <i>MPsych Programme, CDU Wellness Service, & Neurodevelopmental Community Service.</i>
2018 - 2020	Clinical Psychologist in Neuropsychology <i>Contractor for Australian Defence Force, Australia.</i>
2017 - 2019	Clinical Psychologist in Community Mental Health Services <i>Veterans & Veterans Families Counselling Service (Department of Veterans Affairs), Australia.</i>
2014 - 2016	Clinical Lead & Clinical Psychologist <i>Daniel Yorath House, Brain Injury Rehabilitation Trust (now Brainkind)</i>
2013 – 2016	Clinical Psychologist for Trauma <i>The Psychology Service, Southoe, UK</i>
2010 - 2016	Expert Clinical Psychologist (Child & Family Courts) <i>Carter Brown Associates</i>
2011 - 2014	Principle Clinical Psychologist <i>St. Andrews Men's Medium Secure Hospital</i>
2010 – 2010	Principle Clinical Psychologist <i>CAMHS NHS Service</i>
2009 – 2010	Senior Clinical Psychologist <i>St. Andrews Men's Medium Secure Hospital</i>

Qualifications

- BSc. Psychology (1st Class Honours) – Winner of the annual John Ives Award for most outstanding undergraduate scientific research and Part Time PhD Studentship. Middlesex University, 2002
- MSc. Forensic Psychology (research not complete), Middlesex University, 2003
- NHS Clinical Doctorate in Clinical Psychology, University of Hertfordshire, 2009

- Post Graduate Qualification in Clinical Neuropsychology (QICN); MSc in Clinical Neuropsychology, University of Bristol, 2021 (research pending).

Further Training

- BPS Approved Supervision Training, University of Hertfordshire, 2010
- Webster Stratton Parenting Training; CAMHS, 2011
- Autism Diagnostic Observation Schedule training (ADOS), St Andrews, 2010
- Dialectical Behaviour Therapy Full Intensive Training Course: British Isles DBT affiliated Training, 2014
- Historical Clinical Risk Management 20 tool (HCR-20) training - St Andrews Healthcare, 2010.
- EMDR Training (Part 1,2,3) : EMDR Extra (Europe accredited), 2015
- Gottman Couple Therapy Training, Level 1-2; Level 3 Training, Seattle, USA, 2018
- AHPRA Australia Board approved advanced supervisor training, Australia AHPRA Board approved supervisor, 2018
- Diagnostic Assessment in Adult ASD training, Tony Attwood (Melbourne, Australia), 2018
- Diagnosis Training & Intervention for children and teenagers with Autism, Tony Attwood (Melbourne, Australia), 2018
- Prolonged Exposure Therapy for PTSD: Foa et al (Melbourne, Australia), 2018.
- Diagnosis and Intervention of Females with Autism, Tony Attwood & Michelle Garnett (Melbourne, Australia), 2018.
- Advanced Master Program on Treatment of Trauma – National Institute for the Clinical Application of Behavioural Medicine, February 2020.
- Cognitive Processing Therapy CPT Australia, (Online Training), 2018
- Family Therapy Training in Trauma Informed Practice, Sydney Family Therapy Training Institute, 2020
- Emotionally Focused Couple Therapy Intensive Training Course, Dr Sue Johnson, 2021.
- ACT Further Training, Russ Harris, Psychwire LTD 2020.
- The Body Keeps the Score: Trauma Healing training with Bessel Vanderkolk, 2021.
- Autism Diagnostic Observation Schedule 2 training (ADOS-2), Pearsons Training, 2022

Professional Registrations

- Registered Practitioner Psychologist, Health & Care Professionals Council: HCPC No.: PYL25119
- Australian Health Practitioner Regulation Agency (AHPRA): Registration Number: PSY0002104840

Professional Activities

- International Dialectical Behavioural Therapy Conference, Workshop presentation, 2011
- Annual Open University Conference *Developing, Workshop presentation, 2014. Therapy Programmes in inpatient settings: practices and challenges, presentation.*
- ♦ BBC Documentary - 'Louis Theroux: A Different Brain', Consulted and appeared in documentary, 2015.

Research

- Research Thesis: Self-Harm and the Internet: Clinical & Treatment Implications for Online Therapy, Unpublished clinical doctorate thesis, 2009.
- John Ives Award: 'Most Outstanding Undergraduate Scientific Research' - BSc Psychology Honours degree (part-time funded PhD in Proprioception in Brain Injury), Middlesex University, 2001.

References: Available on request.